



Nicole Stec, MBA, MPH,
CWP

Vice President
Wellbeing & Engagement

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Joined Lockton in 2023

Lockton Dunning Benefits



EXPERTISE

Nicole is an accomplished health and wellness leader with over 17 years of industry experience. As Vice President, Wellbeing & Engagement, Nicole acts as a trusted advisor for clients, supports the generation of new business, develops relationships and manages part of a complex book of business. Her areas of expertise include wellbeing, employee engagement, total rewards, benefits, benefits communications, employee experience and population health.

Nicole is a professional public speaker and frequently presents on employee health and wellness strategies and population health. Her previous roles include serving as Director, Well-Being for Banner Health and Employee Health and Wellness Manager for the City of Mesa in Arizona.

EDUCATION

University of South Florida Master of Public Health - Public Health Practice & Social Marketing

University of Phoenix Master of Business Administration

University of Southern California Bachelor of Science in Kinesiology

PROFESSIONAL AFFILIATIONS

National Wellness Institute

Society for Human Resources Management